Trauma Informed Practices for Educators

OVERVIEW AND PURPOSE

In November of 2023, the Texas Legislature passed The Trauma Informed Care Policy which requires all Texas School Districts to integrate Trauma Informed Practices in their schools, provide training for all staff, keep records of the trainings and ensure all new educators receive the training as a part of their new employment. This training will provide a framework for educators in understanding how adverse experiences, toxic stress, and trauma impact students' instructional focus, sense of safety, and behaviors.

EDUCATORS WILL GAIN

- New knowledge and perspective to understand how trauma presents when students and staff are in school
- Strategies for managing and addressing disruptive behaviors
- Proactive intervention to create a trauma sensitive environment that will combat symptoms of trauma
- Increase instructional focus
- Tips for creating a more positive classroom and school environment
- Increased self-awareness and selfmanagement skills



TRAINING FORMATS

This training can be provided directly to campus staff or as a Trainer of Trainers Model.

Training to campus staff:

- 2 hours
- Max. 30 participants
- \$1,500 + travel

Trainer of Trainers:

- ½ day
- Max. 30 participants
- training materials provided
- \$3,000 + travel

Facilitator -

Kem Edwards, LPC-S N2 Learning Senior Associate

Kem is a trauma therapist, former director of counseling, and an expert in Trauma Informed Care. She is a licensed professional counselor and has been trained in EMDR as well as completing the PESI Trauma Treatment Certification Course.

